

S A L A D S

Grilled Chicken Salad with Fresh Fruit and Mango Sesame Dressing

Mango Sesame Salad Dressing

ITEM #

- 2 cups Maui Fruit Purees - Mango
- ½ cup Sesame Oil
- ½ cup Grain Mustard
- ¼ cup Red Wine Vinegar
- 2 cloves Garlic - minced

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• *Combine all ingredients and whisk until blended.*

- ½ lb. Chicken Breast
- 1 bag or ½ lb. Salad Greens
- ½ cup Cantalope - cut into bite size pieces
- ½ cup Mango - cut into bite size pieces
- ½ cup Strawberries - sliced
- ½ cup Blueberries

• *Grill chicken breast and baste with Mango Sesame Dressing 5 to 7 minutes on each side. Toss salad greens and fruit with ½ cup dressing. Slice chicken breast and place on the top of salad and serve.*

